

PE FUNDING 2015-16 IMPACT STATEMENT

The government has again provided Our Lady of Mount Carmel First School with additional government funding to support PE provision throughout the school. We have received £ 9190, which we have spent on a variety of areas, in order to enhance the teaching and learning of PE and Games at our school.

Our aims:

- to provide high quality PE provision across the school;
- to improve confidence of staff in teaching PE and games;
- to increase the time spent by all children on school sport;
- to engage a larger number of children in sporting activities;
- to promote an awareness of the importance of healthy lifestyles.

The table below summarises the impact of the following activities on Our Lady of Mount Carmel's PE provision:

Area of spending:	Impact on teaching and learning:
Multi skills for Early Years.	All Early Years teachers have received once weekly training throughout the year by coaches from Bromsgrove and Redditch Sports Development. This has included dance, movement and throwing and catching skills and has involved 60 reception children. Teachers have reported increased confidence to teach these skills independently and more engagingly to their class. Children have displayed improved co-ordination and activity levels as a result of this training.
Gymnastics and dance skills for Year 1 and Year 2.	All Year 1 and Year 2 teachers have received once weekly training throughout the year by coaches from Bromsgrove and Redditch Sports Development. This has comprised gymnastics and dance training for the teachers and has involved 120 Year 1 and 2 children. Teachers have expressed an improvement in their knowledge of the elements of gymnastics and dance required to teach children in Year 1 and 2. Increased competence on the part of the 120 children has been observed, in terms of co-ordination, motor skills, response to instructions and spatial awareness.
PE and games training in Year 3	All Year 3 teachers have received once weekly training for part of the year in PE and games activities by coaches from Bromsgrove and Redditch Sports Development. This has led to improved awareness by teachers of the skills involved in the teaching of PE and games and of the steps that should be taken to improve acquisition of skills by children in Key Stage 2. Increased confidence and skill level by 60 Year 3 children.

Dance skills Year 4	<p>All Year 4 teachers have received once weekly training for one half term in dance teaching. This has led to an improved awareness of dance skills and the elements of teaching that lead to increasing competence and confidence on the part of the children.</p> <p>60 Year 4 children have improved their co-ordination, rhythm, movement and spatial awareness.</p>
Skipping Workshop by Studley Skippers.	<p>The popular skipping workshop has been repeated. This involved every child in every class, resulting in an awareness by all children of a wide range of skipping skills for individuals, pairs and groups.</p> <p>The popularity and practise of skipping has increased in school. Skipping ropes have been purchased by children for personal use, leading to a rise in activity and fitness levels.</p>
Year 2 multi-activity club.	<p>This club, led weekly by 3 external coaches from P & E Sports has involved 66 per cent of all children in Year 2, where over 40 children have participated weekly in 2 to 3 different sporting activities. The children have expressed great enthusiasm for the activities that they have been involved in. As the children take part in different activities each week, a lot of variety is ensured and enthusiasm remains high. Children's activity and fitness levels have improved accordingly.</p>
5 A Day Fitness.	<p>This is an online dance resource, used throughout the school and at home for the whole of the school year. It has been used, often daily, in classes and has served to improve fitness levels and to act as a stimulating brain break between lessons. This has proved especially successful when wet weather has prevented children playing outside at playtimes and lunch times.</p>
Subsidised swimming lessons and pool hire for all children in Year 3 and 4	<p>Swimming lessons and pool hire have supported 120 children in Year 3 and 4 to each receive 5 weeks of swimming lessons per year.</p> <p>This has led to many non-swimmers becoming swimmers, and developing swimmers to develop further. Swimming lessons have also led to the success of Year 4 children in the Catholic schools annual swimming gala in Worcester.</p>
Purchase of a range of resources for PE and games lessons.	<p>New resources have replaced old stock that was in poor condition; additional resources have been purchased to help deliver requirements of the National Curriculum in P.E and Games. New resources have helped with the organisation of lessons and delivery of our annual Sports Days which involve Early Years, Key Stage 1 and Key Stage 2.</p>
PE training for PE co-ordinator and provision of more school sports clubs.	<p>Our PE co-ordinator has attended two half day training sessions in PE provision and planning. This has given impetus to greater provision in school sports clubs. Now, children in every year group have access to one or more sports clubs in or after school.</p>

	<p>Year 1 and 2 children have been able to join an after school hockey club, offered by an expert coach from Redditch hockey club.</p> <p>Moreover, the running club has been opened up to all Year 3 and 4 children.</p> <p>All Year 4 children continue to be able to participate in games club each Thursday after school.</p> <p>A football club is now offered to all children in Year 1.</p> <p>Children in Early Years are now able to participate in football training provided by our Year 4 leaders in school time.</p>
Health Week	<p>Our school PSHE co-ordinator, working with the SMT and liaising with the PE co-ordinator has organised a Health Week, which will include all children in the school participating in a variety of sporting and healthy activities, including competitive sports and healthy eating promotions.</p>
Competitive Tournaments and SEND participation in sport.	<p>Year 3 and 4 children have participated in a number of sporting tournaments, including activities which include SEND children, such as Kurling and Bocchia events.</p> <p>Year 4 children have participated in football and netball tournaments, an athletics tournament and a swimming gala.</p>