

PE FUNDING 2016-17 IMPACT STATEMENT

Our Lady of Mount Carmel First School has received additional government funding to support PE provision throughout the school. We have received £ 9200, which we have spent on a variety of areas, in order to enhance the teaching of learning of PE and Games at our school.

Our aims are:

- To provide high quality PE provision across the school;
- To improve the confidence of school staff in teaching PE and games;
- To increase the time spent by all children on school sport;
- To engage a larger number of children in sporting activities;
- To promote an awareness of the importance of healthy lifestyles.

The table below summarises the impact that the following activities have made on teaching and learning.

Area of spending:	Impact on teaching and learning:
Multi skills for Early Years.	All Early Years teachers have received once weekly training throughout the year by coaches from Bromsgrove and Redditch Sports Development. This has included dance, movement and throwing and catching skills and has involved 60 reception children. Teachers have reported increased confidence to teach these skills independently and more engagingly to their class. Children have displayed improved co-ordination and activity levels as a result of this training.
Games, Gymnastics and dance skills for Year 1 and Year 2.	All Year 1 and Year 2 teachers have received once weekly training throughout the year by coaches from Bromsgrove and Redditch Sports Development. This has comprised multi-skills activities for the teachers and has involved 120 Year 1 and 2 children. Teachers have been provided with detailed lesson plans for gymnastics and games lessons. A new dance scheme has been ordered, to assist in planning dance lessons. Teachers have expressed an improvement in their knowledge of the elements of gymnastics and dance required to teach children in Year 1 and 2. Increased competence on the part of the 120 children has been observed, in terms of co-ordination, motor skills, response to instructions and spatial awareness.
Multi-skills Games and Gymnastics activities for Year 3	All Year 3 teachers have received once weekly training for part of the year in multi-skills games and gymnastics lessons by coaches from Sports Stars sports specialists. This has led to improved awareness by teachers of the skills involved in

	<p>the teaching of P.E. and of the steps that should be taken to improve acquisition of skills by children in Key Stage 2.</p> <p>Increased confidence and skill level by 60 Year 3 children.</p>
Year 4 P.E. / Gymnastics training.	<p>Mrs Barratt went on a specialised one day course for PE for teachers This has led to an improved awareness of dance skills and the elements of teaching that lead to increasing competence and confidence on the part of the children.</p> <p>60 Year 4 children have improved their co-ordination, rhythm, movement and spatial awareness.</p>
Play leader activities.	<p>As part of the Mac's leadership programme, the P.E. co-ordinator has provided training for all Year 4 children as play leaders in lunchtimes, supporting all younger children in their use of sports and recreational equipment.</p> <p>This resulted in the P.E. co-ordinator being able to address the Leader Programme and all Year 4 children having the confidence and ability to engage children from Early Years to Year 3 in games and recreational activities.</p>
Health week. Skipping Workshop by Studley Skippers.	<p>During Health Week, we invited Studley Skippers to participate and lead a session with each class. The skipping workshop involved every child in every class, resulting in an awareness by all children of a wide range of skipping skills for individuals, pairs and groups.</p> <p>The popularity and practise of skipping has increased in school. Over 100 skipping ropes were purchased by children for personal use, leading to a rise in activity and fitness levels.</p>
Year 2 multi-activity club.	<p>This club, led weekly by 3 external coaches from P & E Sports has involved 66 per cent of all children in Year 2, where over 40 children have participated weekly in 2 to 3 different sporting activities. The children have expressed great enthusiasm for the activities that they have been involved in. As the children take part in different activities each week, a lot of variety is ensured and enthusiasm remains high. Children's activity and fitness levels have improved accordingly.</p>
5 a day fitness.	<p>This is an online dance resource, used throughout the school for the whole of the school year. It has been used, often daily, in classes and has served to improve fitness levels and to act as a stimulating brain break between lessons. This has proved especially successful when wet weather has prevented children playing outside at playtimes and lunch times.</p>
Subsidised swimming lessons and pool hire for all children in Year 3 and 4	<p>Swimming lessons and pool hire have supported 120 children in Year 3 and 4 to each receive 5 weeks of swimming lessons per year.</p> <p>This has led to many non-swimmers becoming swimmers, and developing swimmers to develop further. Swimming lessons have also led to the success of Year 4 children in the Catholic schools annual swimming gala in Worcester.</p>

Purchase of a range of resources for PE and games lessons.

New resources have replaced old stock that was in poor condition; additional resources have been purchased to help deliver requirements of the National Curriculum in P.E and Games. New PE mats; new PE storage containers; New balance boards; new tunnels. New resources have helped with the organisation of lessons and delivery of our annual Sports Days which involve Early Years, Key Stage 1 and Key Stage 2. A new Dance scheme has been purchased within this year.